

## Spathiphyllum sp.

Spathiphyllums are commonly known as Peace Lilies. They are one of the most popular and easiest to care for indoor plants. Peace lilies have lush, dark green foliage and produce white flowers during the warmer months.

## How to grow:

Peace Lilies grow best in a bright spot but will need to avoid the hot sun during the warmer months as this will cause scorching on the foliage. They are tolerant of low light areas but will not flower as well as they will with more natural light.

They are the perfect indoor plant for the beginner gardener as they droop their leaves when they've gone too long without water, standing up again once you've given them a drink. Always check the soil before watering, as peace lilies don't like to sit in sodden potting mix for too long.

Watering may be required one or two times per week in the warmer months but will require less during the winter months. Peace lilies will benefit from a light misting every now and then to simulate humidity.

Although peace lilies can stay in the same pot for a while, potting up will need to happen when the roots are filling the pot and the plant is becoming pot bound.

This would typically be once a year when they are young and less often as the plant matures. When repotting, it is best to go up one pot size at a time and use a premium potting medium with good drainage.

They will benefit from a liquid feed during the warmer months and a general tidy up every now and then, removing any dead flower heads and leaves.

Peace lilies can be harmful if ingested, so keep them away from your pets.

